

THE SACRED ECLIPSE MAP

5 Years of Totality & Transformation

2025-2030



**JOURNAL
PLUS MAPS**



Day One

The Meaning of a New Moon Solar Eclipse

Theme: Ancient wisdom, fear, and reverence

Before astrology became modernized, eclipses were approached with caution, humility, and respect. Many ancient cultures believed eclipses temporarily disrupted the natural order—veils thinned, kings fell, destinies shifted, and hidden truths emerged. People were advised not to look at the eclipse, and replacement kings would be substituted to protect the king.

Reflection & Study

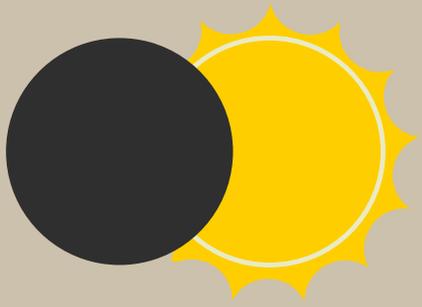
Notice the common thread: eclipses were not times to “do more,” but to pause and observe. What was the true role of superstition during ancient times? How can modern knowledge help us to approach eclipses without fear? For instance, we now know how to protect our eyes.

Journal Prompts

- What does a solar eclipse stir in me—excitement, awe, fear, discomfort?
- What am I afraid might change if I let go of control?
- Where in my life do I sense an ending or an irreversible shift?

Spiritual Insight

Fear often arises at the edge of transformation. Today is not about fixing fear—only witnessing it.



Day Two

Beyond Intention Setting

Theme: Allowing instead of initiating

Most New Moons are associated with intention setting and conscious manifestation. A solar eclipse, however, operates differently. It carries a sense of fated momentum—events unfold whether we push or not.

Reflection Practice

Notice impulses to “decide,” “announce,” or “act.”

Resist the urge to force clarity.

Journal Prompts

- What do I feel tempted to act on right now?
- What if I allowed events to flow instead of directing them?
- Where might patience serve me better than action?

Spiritual Insight

This eclipse asks for alignment, not assertion.



Day Three

Witnessing the Eclipse

Theme: Totality, presence, and embodiment

There is a profound difference between hearing about an eclipse and standing beneath one. Those who experience totality often describe it as otherworldly—time stretches, the body reacts, emotions surface unexpectedly.

Practical Preparation

Make sure you have certified, approved eclipse viewing glasses.

Learn how to use them properly: glasses stay on at all times except during totality, if you are within the path. Practice removing and replacing them calmly.

Body Preparation

Consider how you want your body to feel on eclipse day. You may choose to:

- Reduce caffeine or heavy foods
- Eat more simply
- Hydrate intentionally
- Rest more than usual

Journal Prompts

How does my body respond to awe or intensity?

What does my nervous system need to feel safe and present?



Day Four

Your Natal Chart & Eclipse Activation

Theme: Personal astrology and place-based awareness

Every eclipse lands somewhere in your natal chart, activating a specific life area. Understanding this helps you contextualize what may shift internally or externally.

Reflection. Identify:

- The house and sign of the eclipse in your natal chart
- Any close aspects to personal planets

If travelling, consider astrocartography: eclipse lines may amplify experiences depending on location.

Free Ways to Explore. Many astrology platforms allow eclipse overlays at no cost.

- Use free chart calculators online (natal charts, transits, astrocartography maps - (check the resources page)

Journal Prompts

- Which life themes are highlighted for me now?
- How might location influence my eclipse experience?



Day Five

Interpreting This Eclipse

Theme: Meaning, symbolism, and personal narrative

Each eclipse carries a unique message shaped by its sign, degree, planetary rulers, and aspects.

Study & Reflection

Explore interpretations of this specific eclipse.

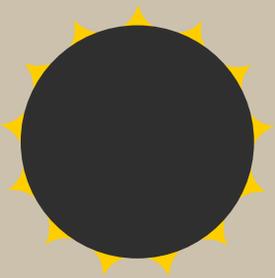
Refer to my [Instagram](#) and [Substack](#) for detailed breakdowns and reflections.

Journal Prompts

- What themes keep repeating as I study this eclipse?
- How do these themes show up in my own life story right now?
- What feels ready to close—or quietly begin?

Spiritual Insight

Meaning unfolds through reflection, not prediction.



Day Six

Travel & Practical Readiness

Theme: Conscious preparation

If you are traveling to experience the eclipse, today is about grounding logistics so your mind can stay present.

Checklist

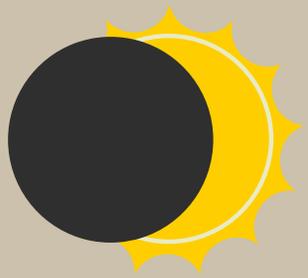
- Eclipse glasses (packed and accessible)
- Journal and pen
- Camera or phone (with eclipse-safe filters if applicable)
- Weather-appropriate clothing
- Water and snacks
- Photography Safety

Never photograph the sun without proper solar filters.
Practice ahead of time.

If in totality, rehearse removing filters only during that brief window.

Journal Prompt

What does being “prepared” feel like emotionally, not just practically?



Day Seven

Eclipse Day

Theme: Presence, release, and trust
Today is not about expectation—it is about witnessing.

If the Sky Is Clear

Stay present.
Observe emotional, physical, and mental responses.
Avoid making major declarations or decisions.

If It's Cloudy

Remember: the eclipse is still happening.
Use the day for meditation, journaling, or quiet contemplation.
Reflect on the symbolism of obscured vision and unseen change.

Closing Reflection

- What did I experience, regardless of visibility?
- What feels altered, even subtly?

Affirmation

I trust what unfolds beyond my control.

Integration Note

Eclipse energy continues to unfold for weeks and even months. Return to your journal often. Clarity arrives gradually.

The Wild Sky Mystery School

Astrology in the wild



**Secure your place now and
let the stars guide your
journey!**

CLICK HERE

☀️ Join Us for an Enchanting
Astrology Camping Experience! ☀️

Dear Stargazer,

Are you ready to embark on a celestial journey under the mesmerizing canopy of the night sky? We invite you to join us for an unforgettable astrology camping experience in August, where you can witness the breathtaking eclipse over Spain! Immerse yourself in the wonders of the universe, surrounded by fellow enthusiasts and the stunning landscapes of our carefully chosen dark sky locations.

If you can't make it in August, don't worry! We also offer other magical camping dates across England, Spain, and France. Each location promises unparalleled stargazing opportunities and a chance to deepen your connection with the cosmos.

Prepare to be captivated by the mysteries of the universe and create lasting memories. Reserve your spot today and become part of a community that celebrates the beauty of the night sky.





HOW TO USE THE MAPS

Experiencing an eclipse is pure wonder! Experiencing eclipse totality is transcendent. The ancients feared viewing the solar eclipse and advised to stay indoors and not look. Today, we know more about eclipses and how they operate and can predict them with accuracy. The astrology will dictate how an eclipse will play out. Some eclipses are stronger than others. South Node eclipses generally bring karmic experiences, while North Node eclipses tend to be gentler. However, the connection and configuration to other planets will also dictate how difficult or smooth an eclipse will be.

Total - those eclipse path (the red line on the map) will experience darkness

Annular - the moon is farther from the Earth; it appears smaller and leaves a ring of light around the eclipse. The best place to experience the eclipse is a location along the yellow line on the map

Partial - the sun and moon are not perfectly aligned, but the moon still covers part of the sun

This booklet provides the solar eclipse paths for eclipses up until 2030. Some eclipses do not produce totality (complete darkness), however, eclipses with totality are maps that are shaded brown and have listed some cities that will experience eclipse totality.

Locations that are great for experiencing the eclipse have been zoomed in on, and you can find a link in the resource page at the end to zoom into locations further.



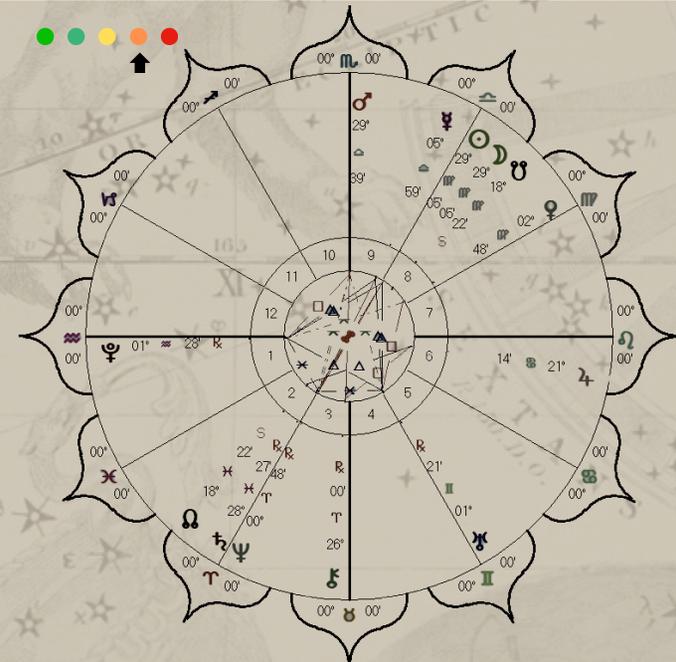
Also, each chart has been rated in terms of its difficulty. Green is easy, and red is difficult

The Astrology charts are provided to show the configuration of the planets. If you know a lot about astrology, then they will help you to interpret the eclipse. If you don't know astrology, no problem. As the eclipse comes close, I will be writing about the eclipse and what you can expect on my site and [Substack](#). If you are serious about travelling to one of these locations during an eclipse, knowing your personal localization lines will help you understand what you may experience. Knowing how the eclipse will impact your natal chart adds another layer. You will find a link on the resources page where you can purchase a report or book a reading.

*All maps have been created using Solarfire Astrology software

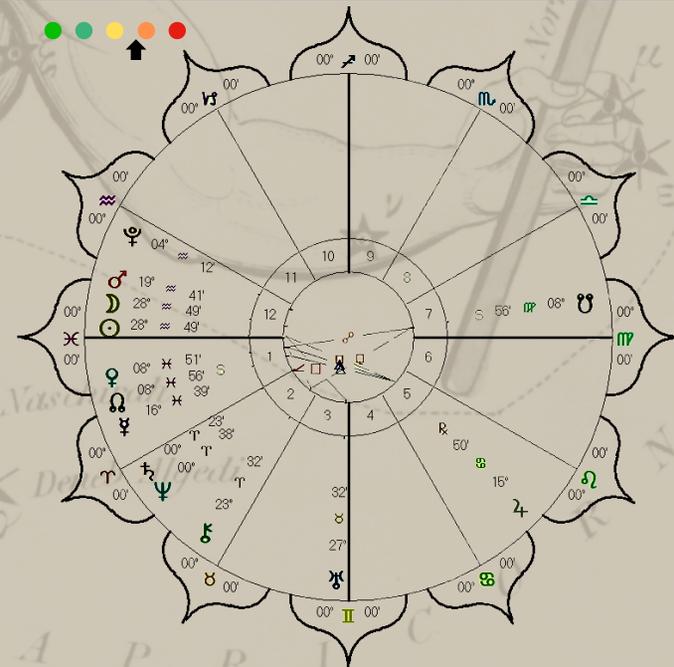


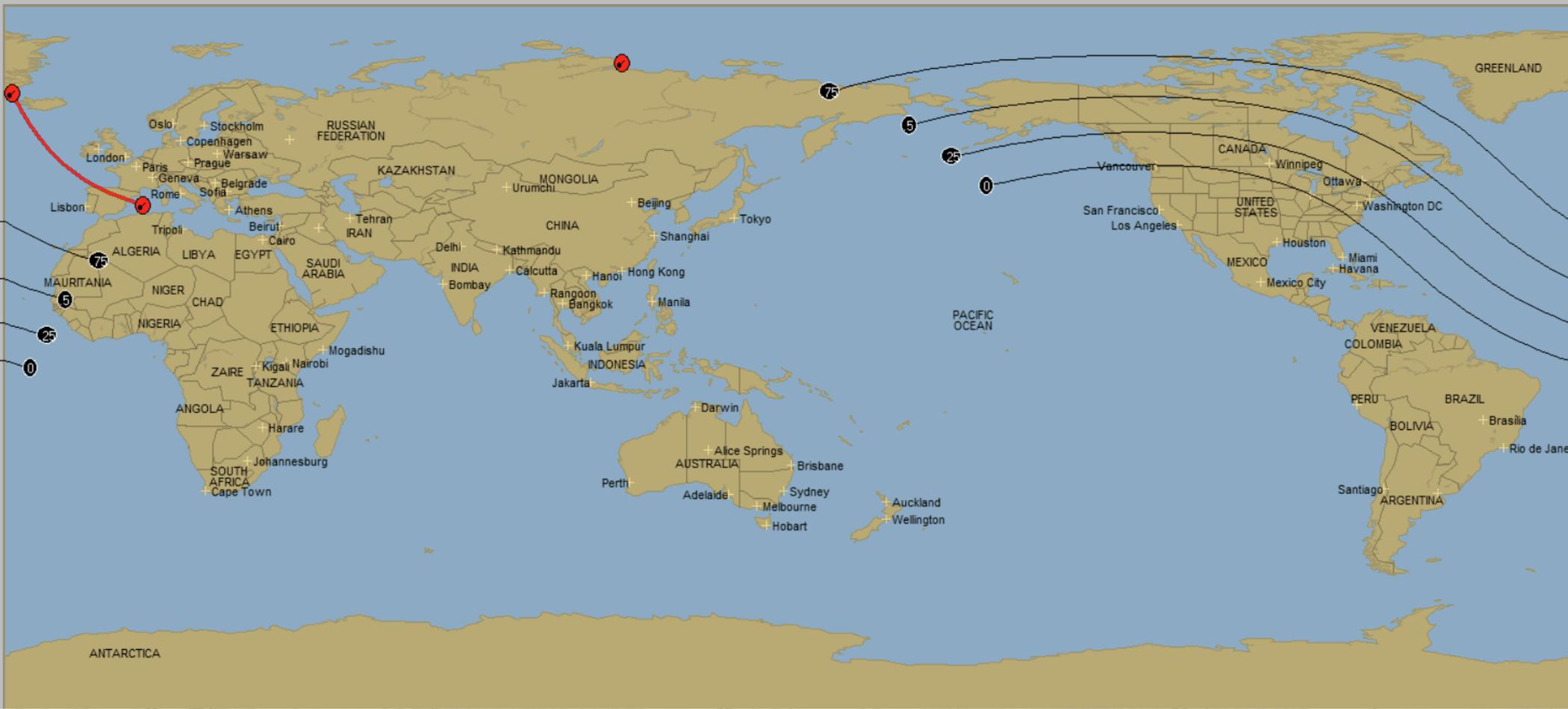
20 September 21
25 29 Virgo
 Partial Solar Eclipse
 South Node
 New Zealand





20 February 17
26 28 Aquarius
 Annular Solar Eclipse
 North Node
 South Africa



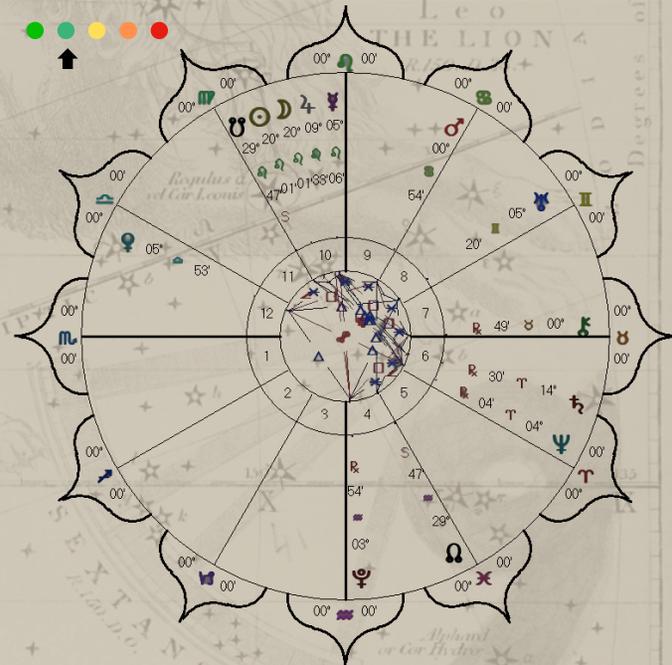


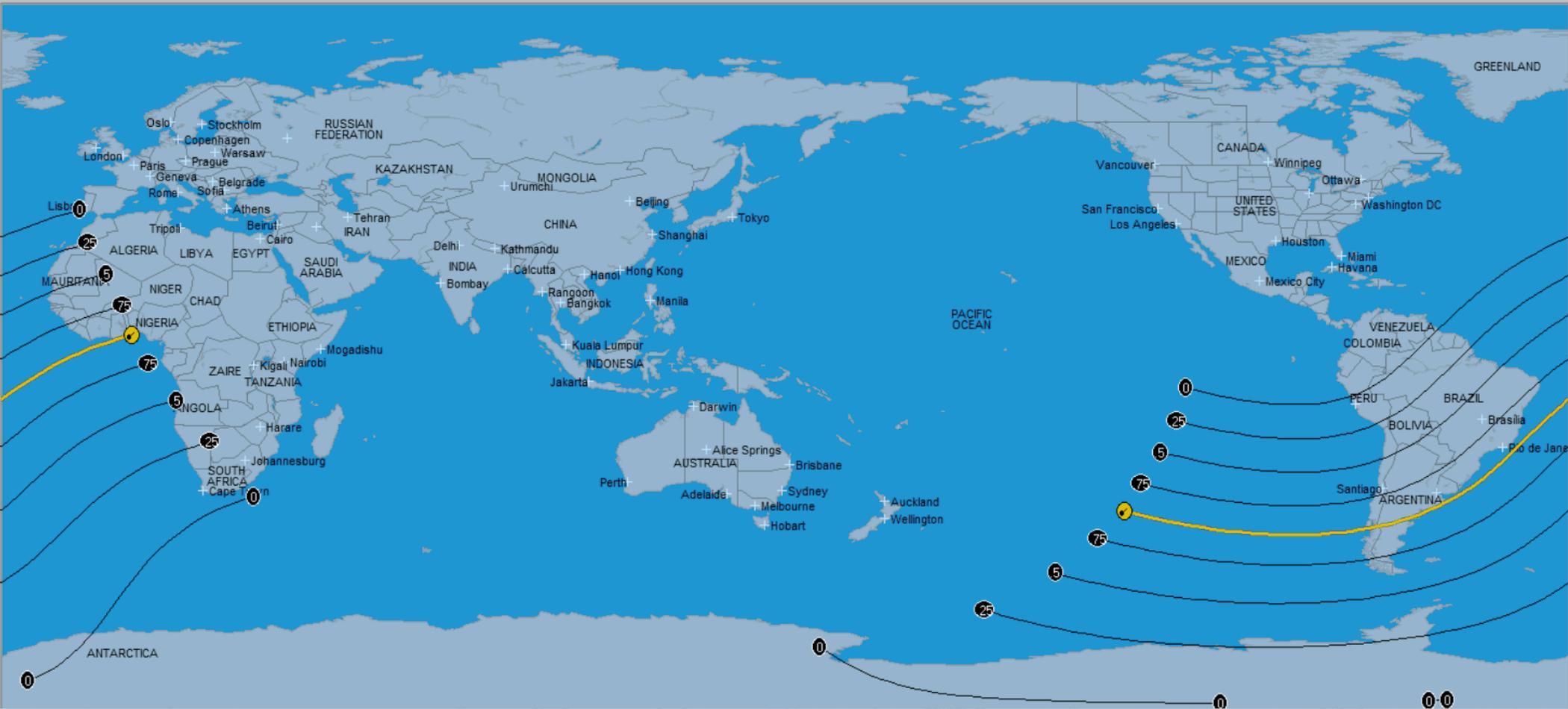
Totality: Burgos, Leon, Palma de Mallorca, Ibiza

20
26

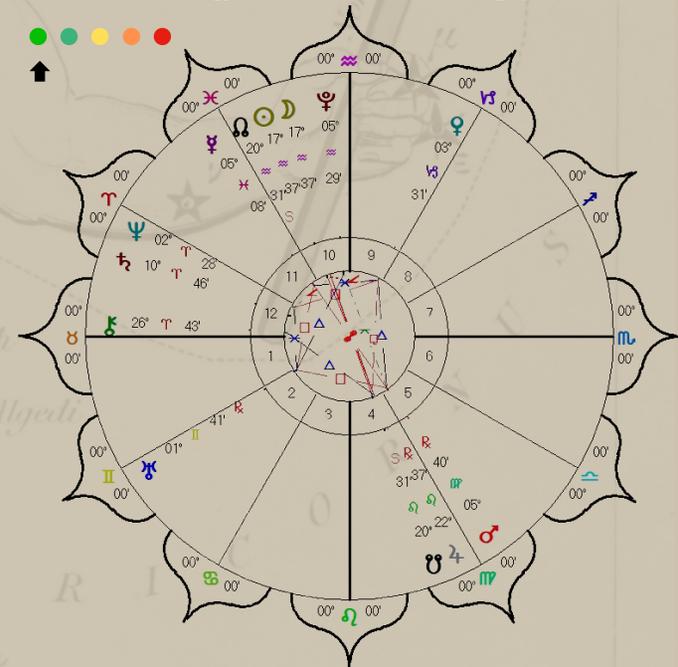
August 12
20 Leo
Total Solar Eclipse
South Node

Spain, Canada and US





20 February 6
17 Aquarius
27 Annular Solar Eclipse
 North Node
 South America, Africa

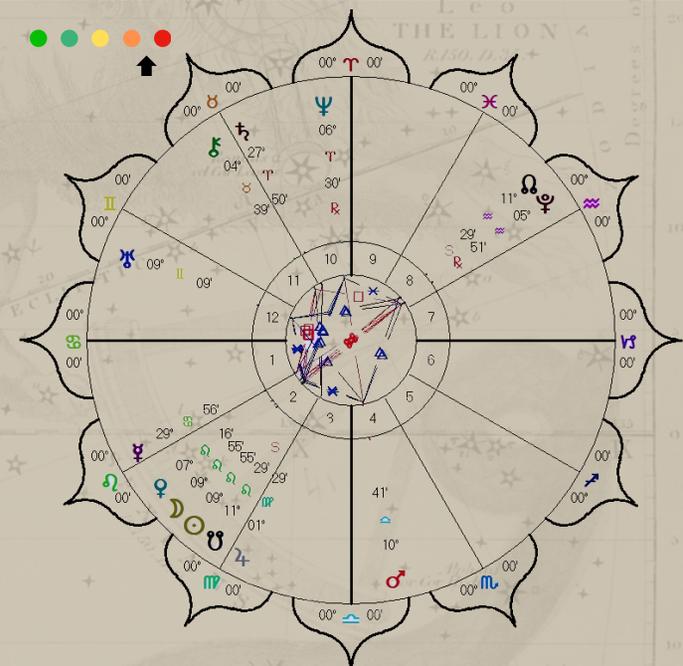


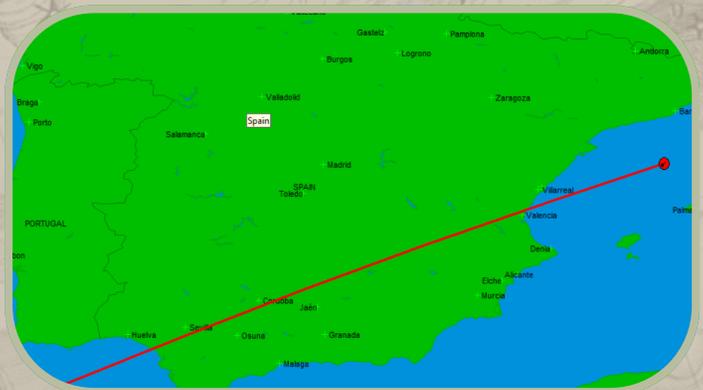


Totality: Gibraltar, Siwa-Oasis, Luxor, Nag Hammadi, Mecca

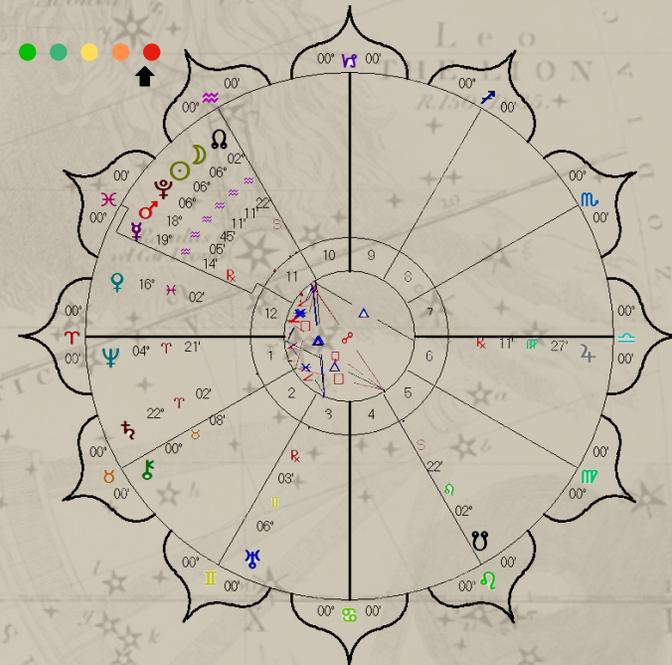
20 August 2
27 9 Leo
 Total Solar Eclipse
 South Node

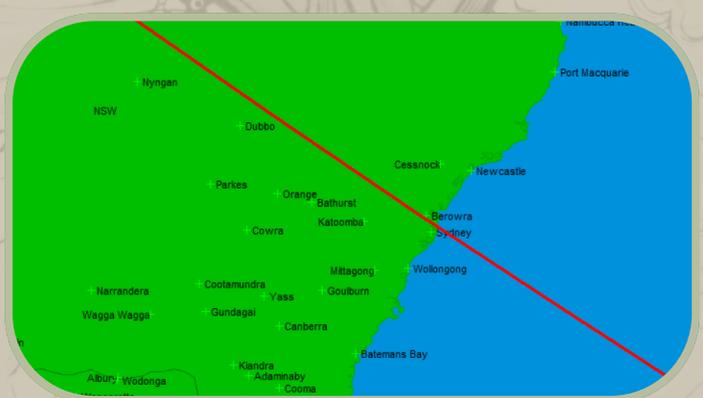
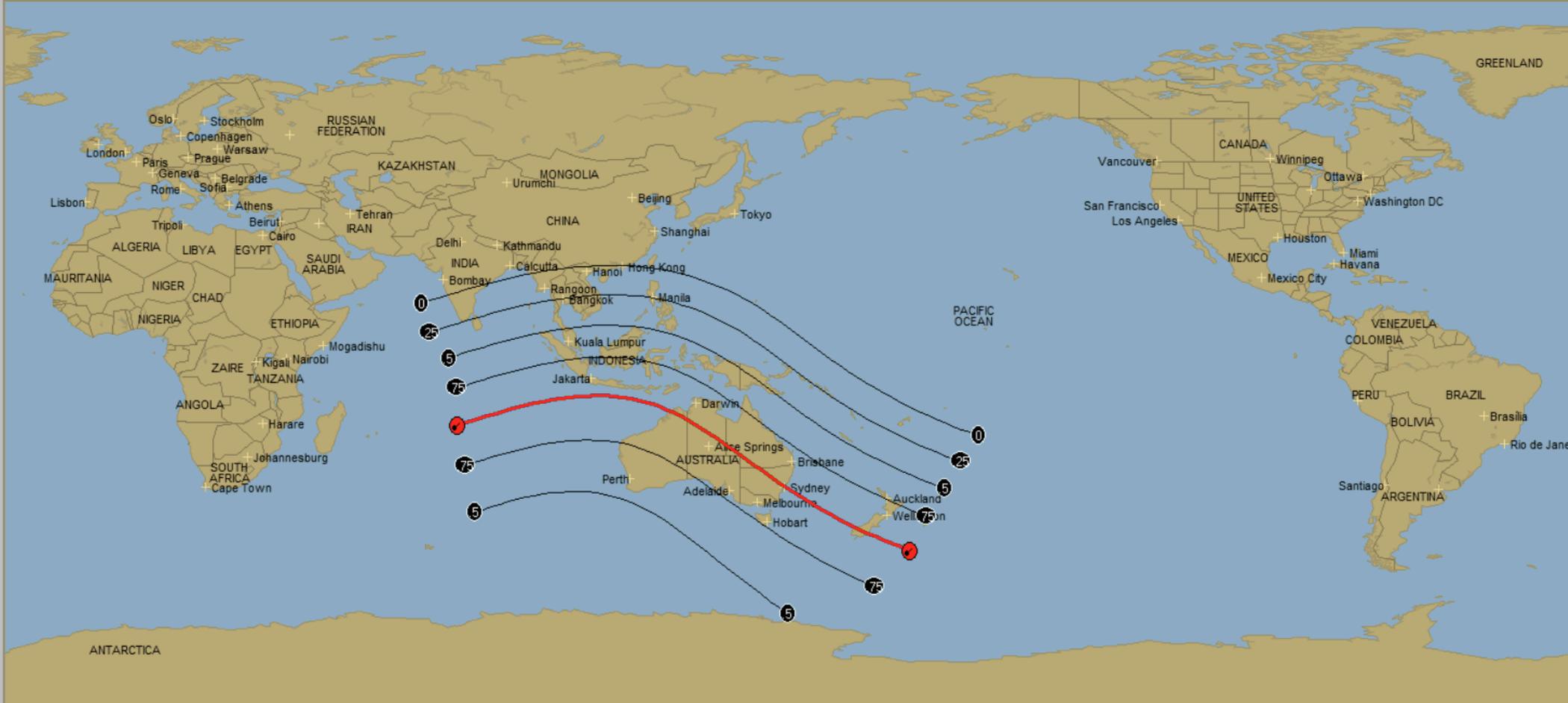
Morocco, Tunisia,
 Libya, Egypt, Saudi
 Arabia, Yemen





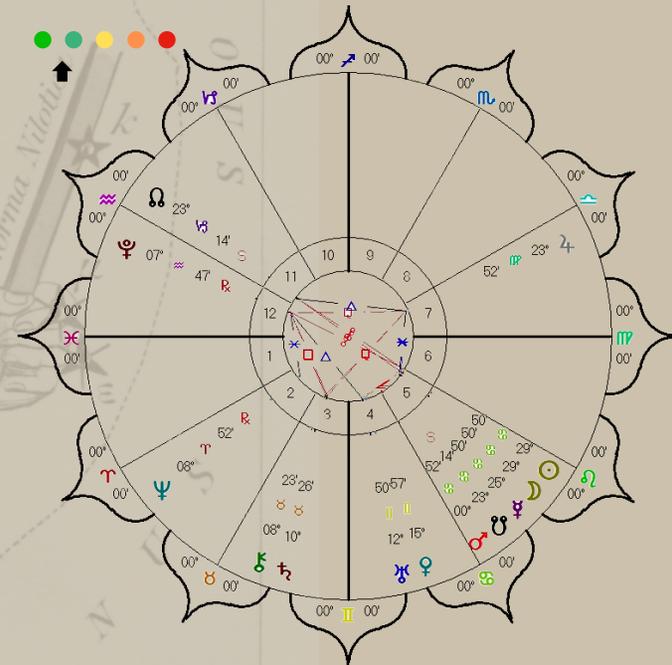
20 January 26
28 06 Aquarius
 Annular Solar Eclipse
 North Node
 South America, Africa
 Portugal, Spain

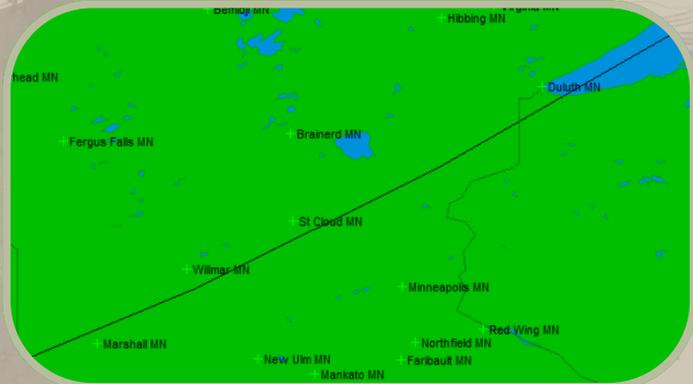




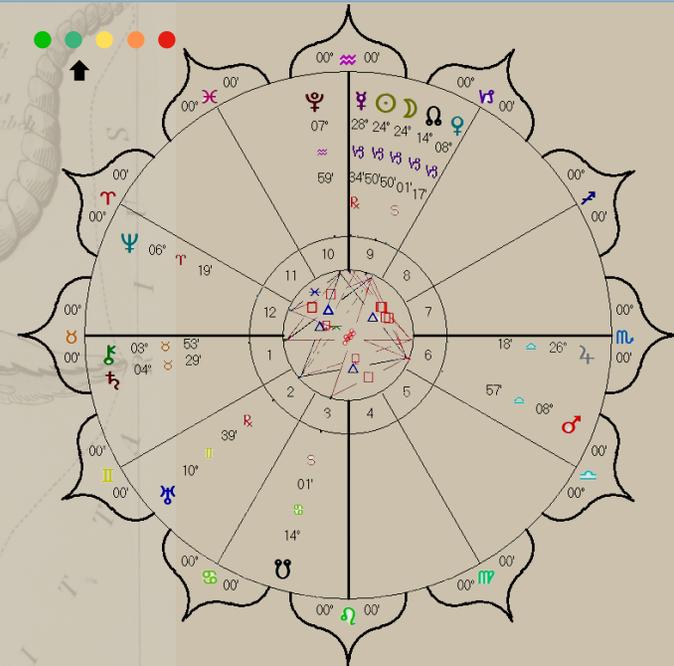
Totality: Sydney, Dunedin

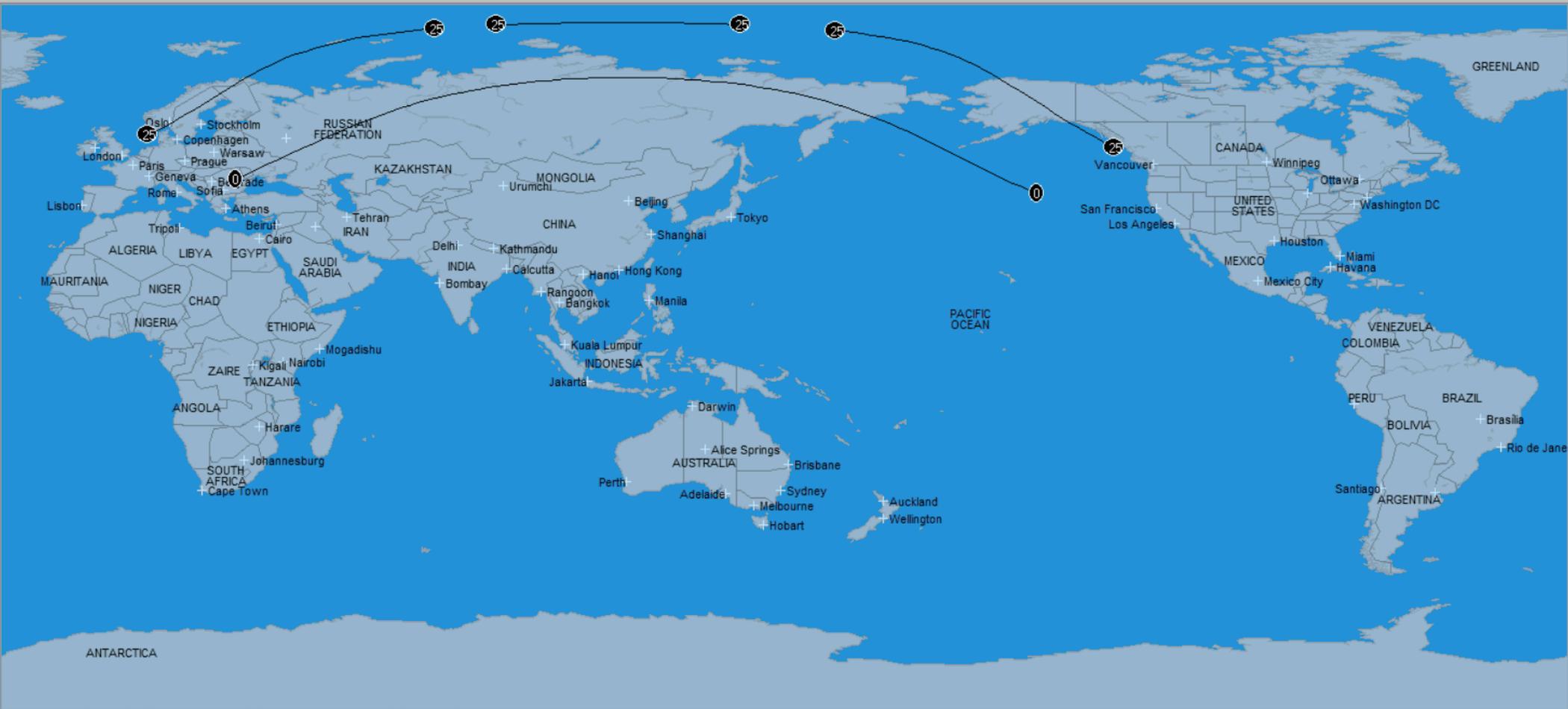
20 July 21/22
28 29 Cancer
Total Solar Eclipse
South Node
 Australia and New Zealand





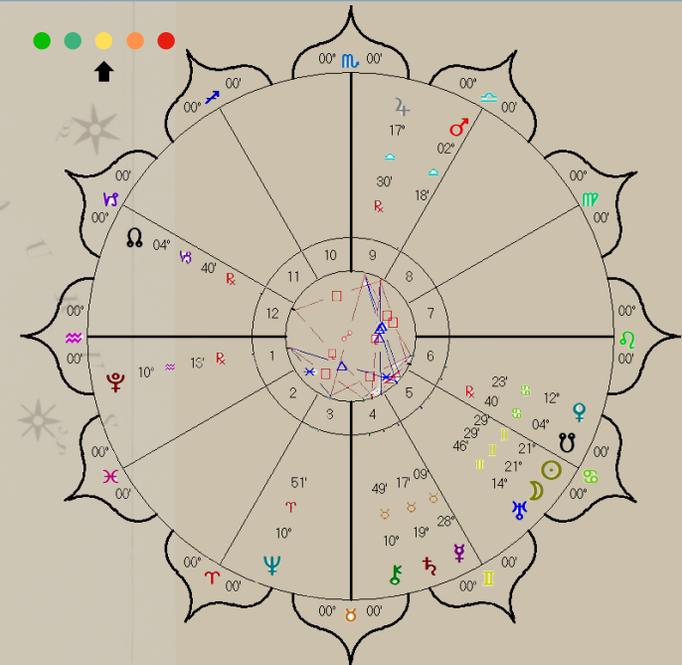
20 January 14
29 24 Capricorn
 Partial Solar Eclipse
 North Node
 Canada, US, Mexico,
 Central America

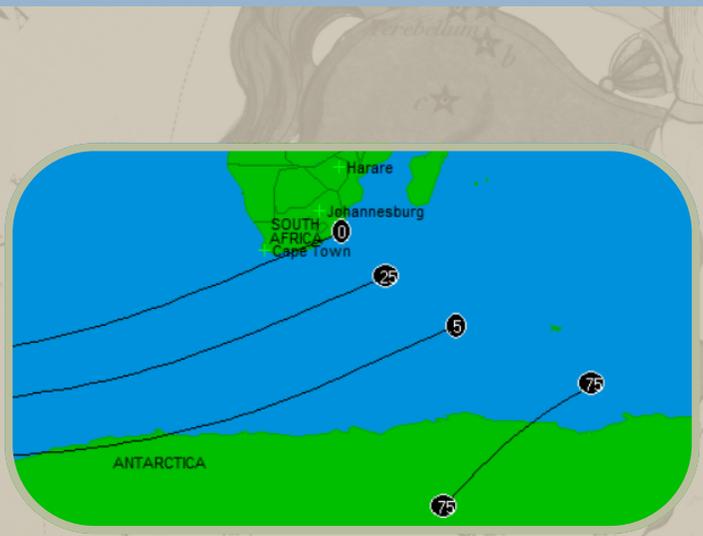
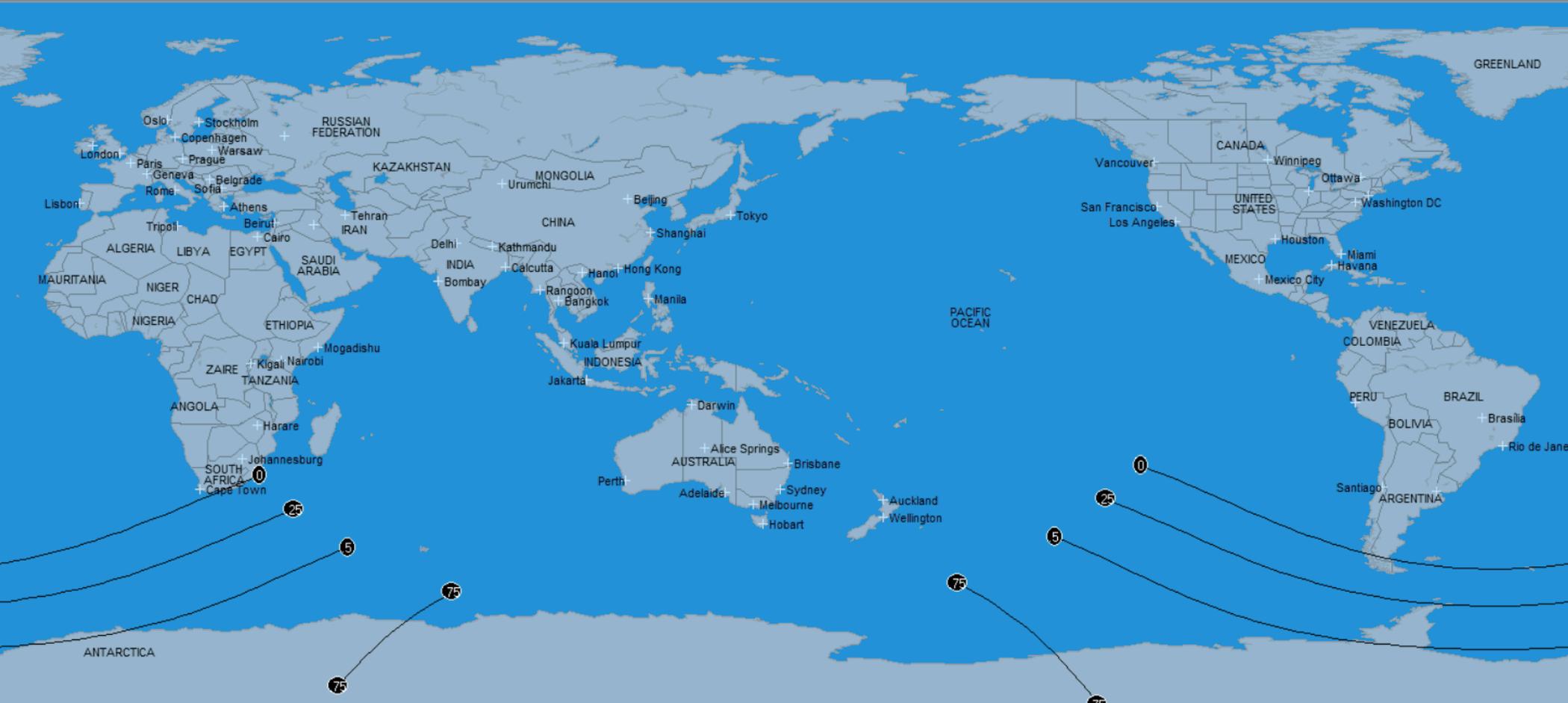




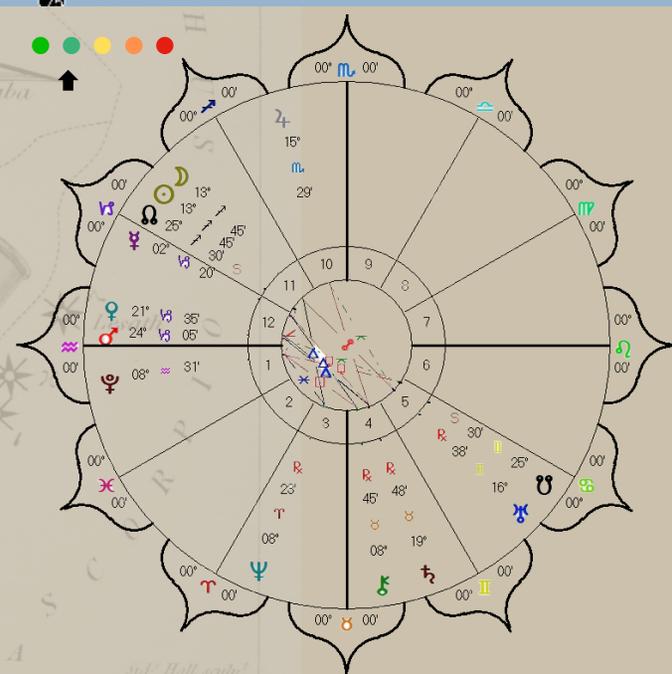
20 June 11/12
21 Gemini
 Partial Solar Eclipse
 South Node

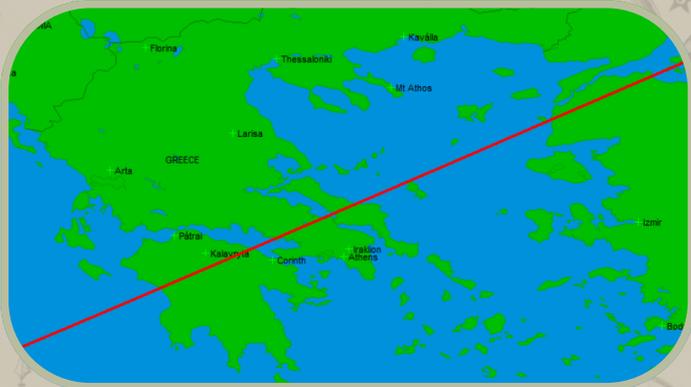
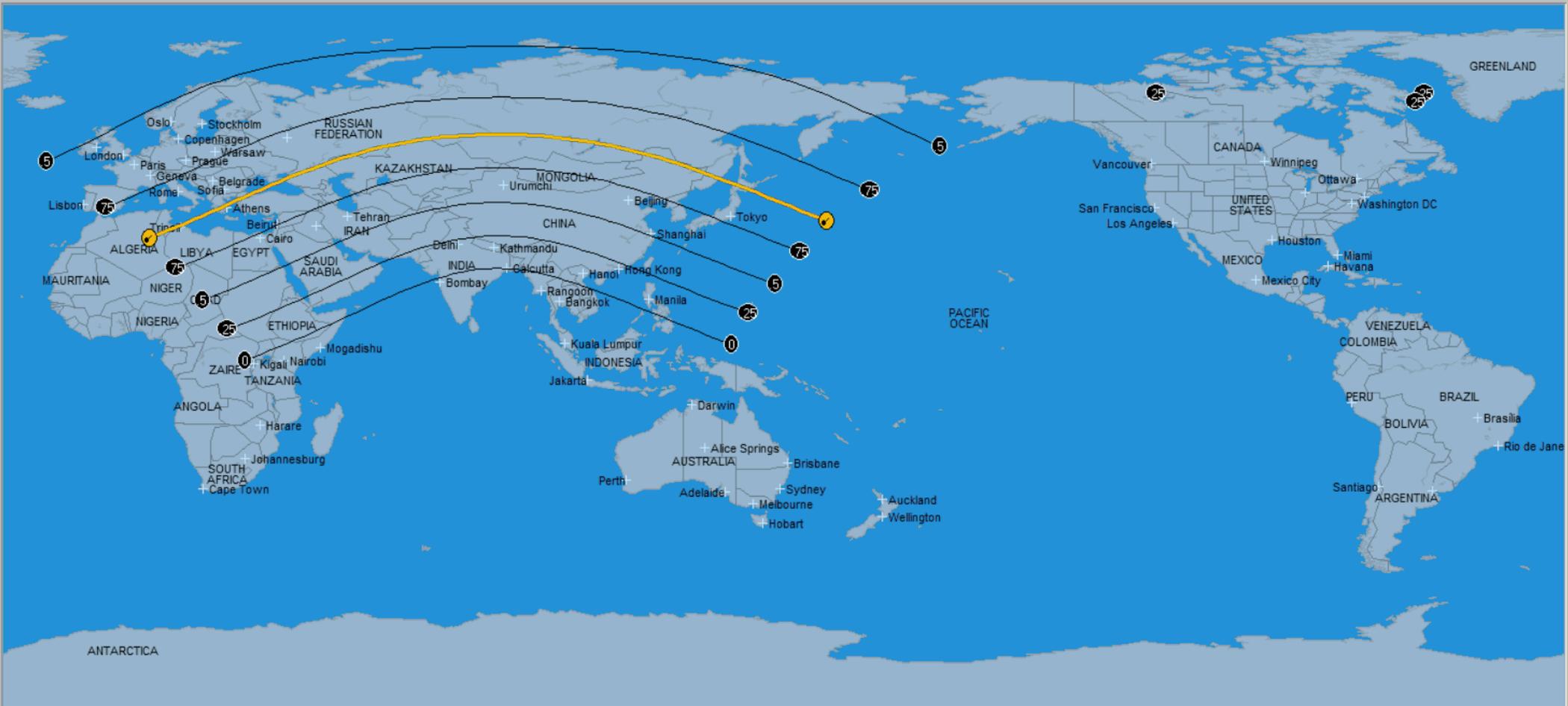
29 Alaska, Norway,
 Sweden, Russian
 Federation



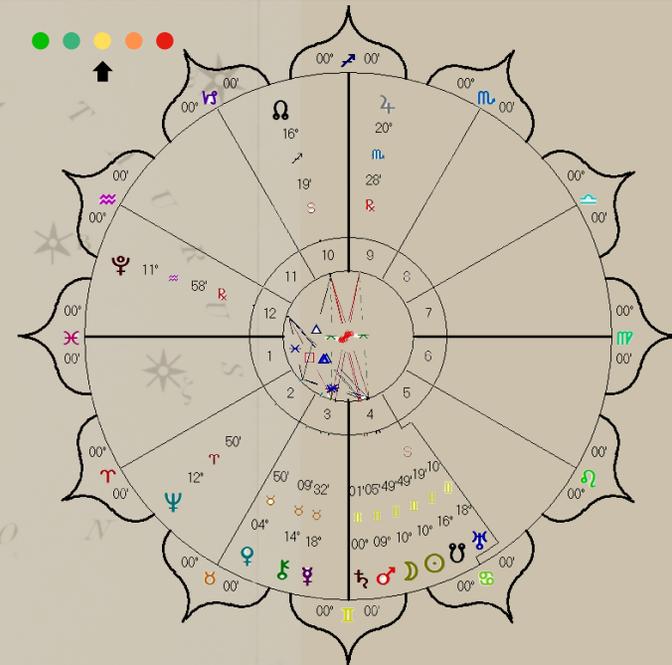


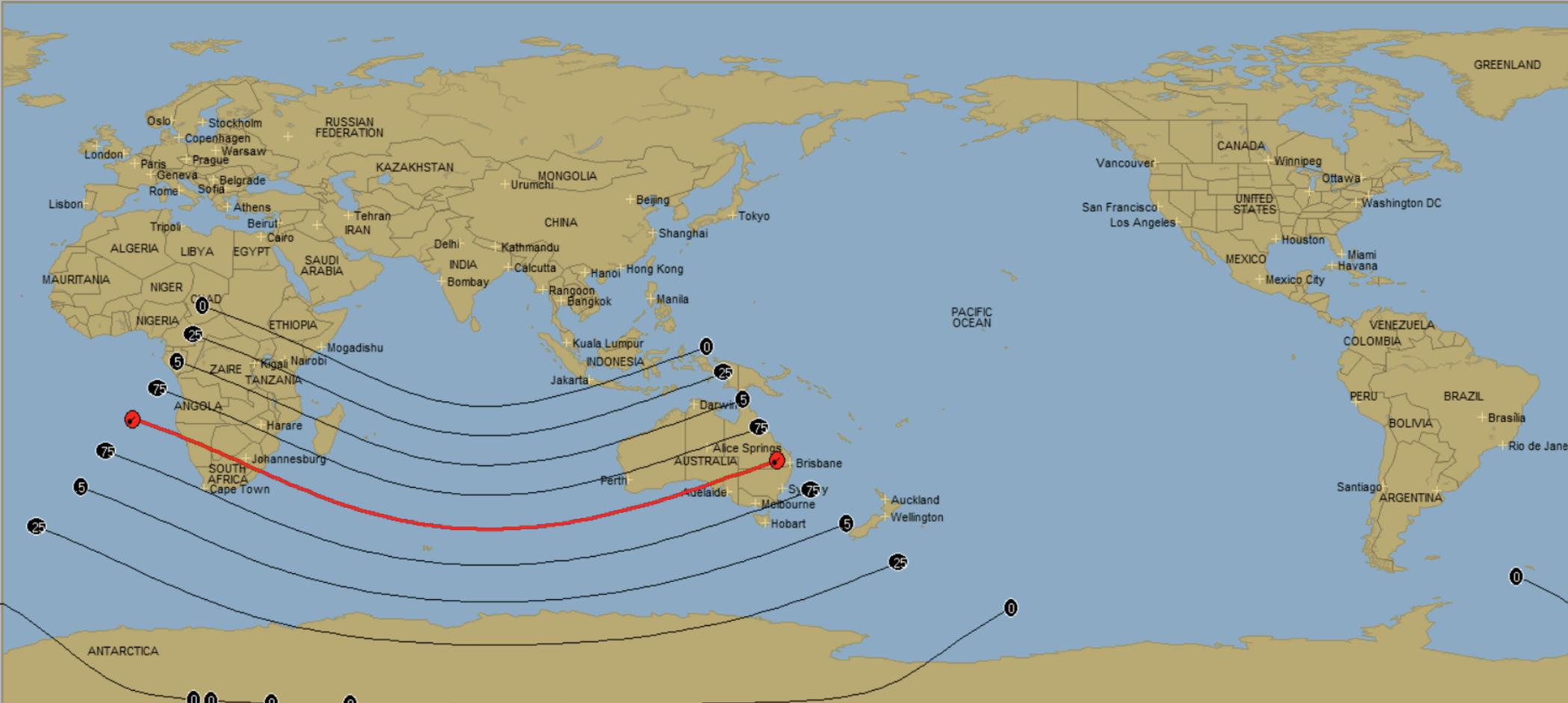
20 December 5
29 13 Sagittarius
 Partial Solar Eclipse
 North Node
 South Africa,
 Antarctica





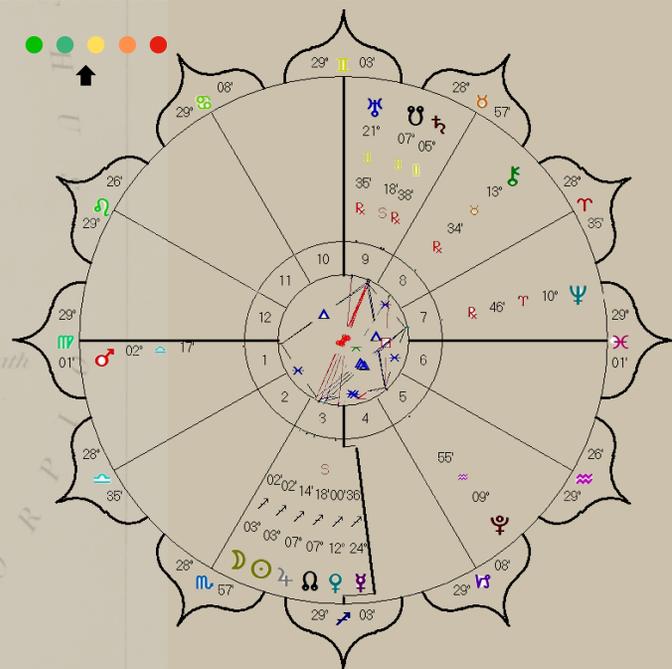
20 June 1
30 10 Gemini
 Annular Solar Eclipse
 South Node
 South Africa, Europe,
 Russia, India, China





Totality: Durban, Streaky Bay

20 November 25
30 3 Sagittarius
 Total Solar Eclipse
 North Node
 South Africa, Australia



Resources

- For more details and to find cities and times for the eclipse in that location, please go to [Eclipse Maps on timeanddate.com](#)
- Explore your personal lines in any of these locations go to Astro.com, put in your natal information and click on **Locational Astrology/ Astroclick Travel**, or for a more in depth look, [book a locational astrology reading](#) with me.



Thank you for downloading the eclipse booklet! I hope you found it both informative and inspiring. Your support means the world to me, and I'm delighted to be part of your journey. If you have any feedback or questions, please don't hesitate to reach out. Wishing you success and happiness in all your endeavours!
~ Ingrid Arboine

THANK YOU
SO MUCH!